

Curriculum Vitae

Personal Details

Name PAOLA GUALTIERI
Address VIA
MONTPELLIER 1
00133 ROME
Telephone [REDACTED]
Email paola.gualtieri@uniroma2.it
Date of birth [REDACTED]
Nationality Italian

Education

11/2014 - 10/2017 **PhD in “Applied Medical-Surgical Sciences”, research in Clinical Nutrition**
University of Rome Tor Vergata, Rome (18 April 2018)

09/2011 - 12/2013 **Analytical Chemistry**
Sapienza University of Rome, Rome

09/2008 - 09/2011 **Chemistry**
University of Calabria, Rende (CS)

Work Experience

08/2020 – present **Research Fellow**
Section of Clinical Nutrition and Nutrigenomics, Department of Biomedicine and Prevention, University of Rome Tor Vergata

11/2018 – 07/2020 **Researcher**
Elleva Pharma/CNR/Tor Vergata, Naples/Rome
Researcher for a POR FERS 2014-2020 project.

09/2018 - 12/2018 **Scientific Collaborator**
Department of Surgery Sciences, Magna Græcia University of Catanzaro, Catanzaro
Development of new techniques to increase the EVO shelf-life during storage

04/2018 - 09/2018 **Scientific Collaborator**
Section of Clinical Nutrition and Nutrigenomics, Department of Biomedicine and Prevention, University of Rome Tor Vergata, Rome
Interaction between food component of diet and body composition

12/2017 - 04/2018 **Scientific Collaborator**
Department of Agriculture, Mediterranean University of Reggio Calabria, Reggio Calabria
Nutritional characterization of food systems containing derivatives of olive

	processing
11/2017 - 11/2017	Scientific Collaborator Section of Clinical Nutrition and Nutrigenomics, Department of Biomedicine and Prevention, University of Rome Tor Vergata, Rome Interaction between food component of diet and body composition
11/2014 - 10/2017	PhD Student Section of Clinical Nutrition and Nutrigenomics, Department of Biomedicine and Prevention, University of Rome Tor Vergata, Rome Study of some clinical Nutrition aspects; analysis of body composition parameters; nutrigenetics and nutrigenomics; study of NACCP processes; DNA extraction; RT-PCR.
03/2014 - 10/2014	Scientific Collaborator Section of Clinical Nutrition and Nutrigenomics, Department of Biomedicine and Prevention, University of Rome Tor Vergata, Rome Study of some clinical Nutrition aspects; analysis of body composition parameters; nutrigenetics and nutrigenomics; study of NACCP processes; DNA extraction; RT-PCR.
12/2013 - 02/2014	Scientific Collaborator Department of Chemistry, Sapienza University of Rome, Rome Extraction in organic and water phases from food sample and analysis with Nuclear Magnetic Resonance

Skills

Microsoft office	Very good
Windows	Very good
Internet	Very good
SPSS	Good
SigmaPlot	Average
Unscramler	Average

Languages

IT	Native
EN	Good

Qualities and Personal Skills

I have good relationship skills and I have an open mind. I can work well both alone and in a team, perfectly adapting to multicultural situations (acquired during university thesis and doctoral experiences, but also during voluntary and sports activities).

I have good communication skills. I can manage groups of people and organize work team (experiences gained over the years of my doctorate and in volunteering).

I react well and have an excellent organizational spirit even in stressful situations (e.g. unexpected deadlines).

COURSES

- E-Learning course (F.A.D.) on D.LGS. 81/08 and subsequent amendments, FORMATION AND INFORMATION OF WORKERS, Elleva Pharma
- Course: BASIC INFORMATION AND TRAINING ON CHEMICAL RISK, expected from D.LGS. 81/2008 and subsequent amendments, Sapienza University of Rome

SCIENTIFIC DOCUMENTS

From Scopus: H index= 16; Documents = 48; Citation = 1220

1. Al-Wardat M, Alwardat N, Lou De Santis G, Zomparelli S, **Gualtieri P**, Bigioni G, Romano L, Di Renzo L. The association between serum vitamin D and mood disorders in a cohort of lipedema patients. *Horm Mol Biol Clin Investig.* 2021 Jul 29. doi: 10.1515/hmbci-2021-0027. Epub ahead of print. PMID: 34323062.
2. Docimo R, Costacurta M, **Gualtieri P**, Pujia A, Leggeri C, Attinà A, Cinelli G, Giannattasio S, Rampello T, Di Renzo L. Cariogenic Risk and COVID-19 Lockdown in a Paediatric Population. *Int J Environ Res Public Health.* 2021 Jul 15;18(14):7558. doi: 10.3390/ijerph18147558. PMID: 34300008; PMCID: PMC8303421.
3. *Editorial.* Di Renzo L, **Gualtieri P**, De Lorenzo A. Diet, Nutrition and Chronic Degenerative Diseases. *Nutrients.* 2021 Apr 20;13(4):1372. doi: 10.3390/nu13041372. PMID: 33923865.
4. *Editorial.* Vanni G, Buonomo OC, **Gualtieri P**, Merra G. Editorial - Breast cancer: awake surgery as strategy during second COVID-19 lockdown? *Eur Rev Med Pharmacol Sci.* 2020 Dec;24(24):13101-13102. doi: 10.26355/eurrev_202012_24218. PMID: 33378066.
5. **Gualtieri P**, Tarsitano MG, DE Santis GL, Romano L, Esposito E, DE Lorenzo A. Obesity in childhood: how to improve male adolescence incoming. *Minerva Endocrinol (Torino).* 2021 Mar 16. doi: 10.23736/S2724-6507.21.03224-7. Online ahead of print. PMID: 33759441
6. Moramarco S, Morciano L, Morucci L, Messinese M, **Gualtieri P**, Carestia M, Ciccacci F, Orlando S, Buonomo E, Legramante JM, De Lorenzo A, Palombi L. Epidemiology of Hypoalbuminemia in Hospitalized Patients: A Clinical Matter or an Emerging Public Health Problem? *Nutrients.* 2020 Nov 27;12(12):3656. doi: 10.3390/nu12123656. PMID: 33261019.
7. Di Renzo L, Cinelli G, Dri M, **Gualtieri P**, Attinà A, Leggeri C, Cennamo G, Esposito E, Pujia A, Chiricolo G, Salimei C, De Lorenzo A. Mediterranean Personalized Diet Combined with Physical Activity Therapy for the Prevention of Cardiovascular Diseases in Italian Women. *Nutrients.* 2020 Nov 11;12(11):3456. doi: 10.3390/nu12113456. PMID: 33187188.
8. Di Renzo L, **Gualtieri P**, Pivari F, Soldati L, Attinà A, Leggeri C, Cinelli G, Tarsitano MG, Caparello G, Carrano E, Merra G, Pujia AM, Danieli R, De Lorenzo A. COVID-19: Is there a role for immunonutrition in obese patient? *J Transl Med.* 2020 Nov 7;18(1):415. doi: 10.1186/s12967-020-02594-4. PMID: 33160363.
9. Vanni G, Pellicciaro M, Materazzo M, Bruno V, Oldani C, Pistolese CA, Buonomo C, Caspi J, **Gualtieri P**, Chiaravalloti A, Palombi L, Piccione E, Buonomo OC. Lockdown of Breast Cancer Screening for COVID-19: Possible Scenario. *In Vivo.* 2020 Sep-Oct;34(5):3047-3053. doi: 10.21873/invivo.12139. PMID: 32871851.
10. Palma G, Pasqua T, Silvestri G, Rocca C, **Gualtieri P**, Barbieri A, De Bartolo A, De Lorenzo A, Angelone T, Avolio E, Botti G. PI3K δ Inhibition as a Potential Therapeutic Target in COVID-19. *Front Immunol.* 2020 Aug 21;11:2094. doi: 10.3389/fimmu.2020.02094. eCollection 2020. PMID: 32973818.

11. De Lorenzo A, Tarsitano MG, Falcone C, Di Renzo L, Romano L, Macheda S, Ferrarelli A, Labate D, Tescione M, Bilotta F, **Gualtieri P**. Fat mass affects nutritional status of ICU COVID-19 patients. *J Transl Med*. 2020 Aug 3;18(1):299. doi: 10.1186/s12967-020-02464-z. PMID: 32746930. *Corresponding author*
12. Alwardat N, Di Renzo L, Alwardat M, Romano L, De Santis GL, **Gualtieri P**, Carrano E, Nocerino P, De Lorenzo A. The effect of lipedema on health-related quality of life and psychological status: a narrative review of the literature. *Eat Weight Disord*. 2020 ug;25(4):851-856. doi: 10.1007/s40519-019-00703-x. Epub 2019 May 6. PMID: 31062201.
13. Di Renzo L, **Gualtieri P**, Cinelli G, Bigioni G, Soldati L, Attinà A, Bianco FF, Caparello G, Camodeca V, Carrano E, Ferraro S, Giannattasio S, Leggeri C, Rampello T, Lo Presti L, Tarsitano MG, De Lorenzo A. Psychological Aspects and Eating Habits during COVID-19 Home Confinement: Results of EHLC-COVID-19 Italian Online Survey. *Nutrients*. 2020 Jul 19;12(7):2152. doi: 10.3390/nu12072152. PMID: 32707724.
14. **Gualtieri P**, Falcone C, Romano L, Macheda S, Correale P, Arciello P, Polimeni N, Lorenzo A. Body Composition Findings by Computed Tomography in SARS-CoV-2 Patients: Increased Risk of Muscle Wasting in Obesity. *Int J Mol Sci*. 2020 Jun 30;21(13):4670. doi: 10.3390/ijms21134670. PMID: 32630032.
15. Costacurta M, Di Renzo L, Pujia A, Tomietto M, **Gualtieri P**, Docimo R. Dental agenesis and evaluation of body composition through bioelectrical impedance analysis. Observational study on a sample of paediatric subjects. *Eur J Paediatr Dent*. 2020 Jun;21(2):143-147. doi: 10.23804/ejpd.2020.21.02.09. PMID: 32567946.
16. Di Renzo L, **Gualtieri P**, Pivari F, Soldati L, Attinà A, Cinelli G, Leggeri C, Caparello G, Barrea L, Scerbo F, Esposito E, De Lorenzo A. Eating habits and lifestyle changes during COVID-19 lockdown: an Italian survey. Version 2. *J Transl Med*. 2020 Jun 8;18(1):229. doi: 10.1186/s12967-020-02399-5. PMID: 32513197; PMCID: PMC7278251.
17. Perrone MA, Dasari JB, Intorcchia A, **Gualtieri P**, Marche M, Di Luozzo M, Merra G, Bernardini S, Romeo F, Sergi D. Phenotypic classification and biochemical profile of obesity for cardiovascular prevention. *Gazzetta Medica Italiana - Archivio per le Scienze Mediche* 2020 May;179(5):356-71. DOI: 10.23736/S0393-3660.20.04259-X
18. *Letter* Di Renzo L, De Lorenzo A, Merra G, **Gualtieri P**. Comment on: “a systematic review of organic versus conventional food consumption: Is there a measurable benefit on human health? nutrients 2020, 12, 7”. *Nutrients* 2020; 12(3):696. doi: <https://doi.org/10.3390/nu12030696>.
19. De Lorenzo A, Romano L, Di Renzo L, Di Lorenzo N, Cennamo G, **Gualtieri P**. Obesity: A preventable, treatable, but relapsing disease. *Nutrition*. 2020 Mar;71:110615. doi: 10.1016/j.nut.2019.110615. Epub 2019 Oct 17. PMID: 31864969.
20. *Letter* **Gualtieri P**, Tarsitano MG, Merra G, Avolio L, Di Renzo L. The importance of a correct diagnosis of obesity. *Eur Rev Med Pharmacol Sci* 2020; 24(10): 5199-5200.
21. *Letter* Di Renzo L, **Gualtieri P**, de Lorenzo A, Capacci A, Merra G. The effective cost of healthy diet. *Eur Rev Med Pharmacol Sci*. 2020 Jan;24(2):479-480. doi: 10.26355/eurrev_202001_20018. PMID: 32016947.
22. Avolio E, **Gualtieri P**, Romano L, Pecorella C, Ferraro S, Palma G, Di Renzo L, De Lorenzo A. Obesity and Body Composition in Man and Woman: Associated Diseases and the New Role of Gut Microbiota. *Curr Med Chem*. 2020;27(2):216-229. doi: 10.2174/0929867326666190326113607. PMID: 30914014.
23. **Gualtieri P**, Marchetti M, Cioccoloni G, De Lorenzo A, Romano L, Cammarano A, Colica C, Condò R, Di Renzo L. Psychobiotics Regulate the Anxiety Symptoms in Carriers of Allele A of IL-1 β Gene: A Randomized, Placebo-Controlled Clinical Trial. *Mediators Inflamm*. 2020 Jan 7;2020:2346126. doi: 10.1155/2020/2346126. PMID: 32377159; PMCID: PMC7199572.
24. Franco R, Barlattani A Jr, Perrone MA, Basili M, Miranda M, Costacurta M, **Gualtieri P**, Pujia A, Merra G, Bollero P. Obesity, bariatric surgery and periodontal disease: a literature update. *Eur Rev Med Pharmacol Sci*. 2020 May;24(9):5036-5045. doi: 10.26355/eurrev_202005_21196. PMID: 32432767.

25. Merra G, **Gualtieri P**, Cioccoloni G, Falco S, Bigioni G, Tarsitano MG, Capacci A, Piccioni A, Costacurta M, Franceschi F, Di Renzo L. FTO rs9939609 influence on adipose tissue localization in the Italian population. *Eur Rev Med Pharmacol Sci*. 2020 Mar;24(6):3223-3235. doi: 10.26355/eurrev_202003_20689. PMID: 32271440.
26. Di Renzo L, **Gualtieri P**, Alwardat N, De Santis G, Zomparelli S, Romano L, Marchetti M, Michelin S, Capacci A, Piccioni A, Costacurta M, Tarsitano MG, Franceschi F, Merra G. The role of IL-6 gene polymorphisms in the risk of lipedema. *Eur Rev Med Pharmacol Sci*. 2020 Mar;24(6):3236-3244. doi: 10.26355/eurrev_202003_20690. PMID: 32271442.
27. *Letter* Bollero P, Franco R, Gianfreda F, **Gualtieri P**, Miranda M, Barlattani A. Epidemiology, Etiopathogenesis, Treatment and Prognosis of Oral Thermal Burns from Food and Drinks Dental Hypotheses; *Westerly Vol. 10, Fasc. 3, (Jul-Sep 2019): 80-81*. DOI:10.4103/denthyp.denthyp_56_19
28. Perrone MA, **Gualtieri P**, Gratteri S, Ali W, Sergi D, Muscoli S, Cammarano A, Bernardini S, Di Renzo L, Romeo F. Effects of postprandial hydroxytyrosol and derivatives on oxidation of LDL, cardiometabolic state and gene expression: a nutrigenomic approach for cardiovascular prevention. *J Cardiovasc Med (Hagerstown)*. 2019 Jul;20(7):419-426. doi: 10.2459/JCM.0000000000000816. PubMed PMID: 31593559. *Corresponding author*
29. Di Renzo L, **Gualtieri P**, Romano L, Marrone G, Noce A, Pujia A, Perrone MA, Aiello V, Colica C, De Lorenzo A. Role of Personalized Nutrition in Chronic-Degenerative Diseases. *Nutrients*. 2019 Jul 24;11(8). pii: E1707. doi: 10.3390/nu11081707. Review. PubMed PMID: 31344895; PubMed Central PMCID: PMC6723746. *Corresponding author*
30. Romano L, Marchetti M, **Gualtieri P**, Di Renzo L, Belcastro M, De Santis GL, Perrone MA, De Lorenzo A. Effects of a Personalized VLCKD on Body Composition and Resting Energy Expenditure in the Reversal of Diabetes to Prevent Complications. *Nutrients*. 2019 Jul 4;11(7). pii: E1526. doi: 10.3390/nu11071526. PubMed PMID: 31277506; PubMed Central PMCID: PMC6683248.
31. De Lorenzo A, Gratteri S, **Gualtieri P**, Cammarano A, Bertucci P, Di Renzo L. Why primary obesity is a disease? *J Transl Med*. 2019 May 22;17(1):169. doi: 10.1186/s12967-019-1919-y. Review. PubMed PMID: 31118060; PubMed Central PMCID: PMC6530037. *Corresponding author*
32. Perrone MA, Donatucci B, Salvati A, Gualtieri P, De Lorenzo A, Romeo F, Bernardini S. Inflammation, oxidative stress and gene expression: the postprandial approach in professional soccer players to reduce the risk of muscle injuries and early atherosclerosis. *Medicina dello Sport* 2019; 72:234-243. doi: 10.23736/S0025-7826.19.03531-2.
33. De Lorenzo A, Siclari M, Gratteri S, Romano L, **Gualtieri P**, Marchetti M, Merra G, Colica C. Developing and cross-validation of new equations to estimate fat mass in Italian population. *Eur Rev Med Pharmacol Sci*. 2019 Mar;23(6):2513-2524. doi: 10.26355/eurrev_201903_17399. PubMed PMID: 30964178. *Corresponding author*
34. *Letter* Marchetti M, **Gualtieri P**, Romano L, Merra G. What is the importance of saving lean mass in the treatment of obesity and related diseases? *Eur Rev Med Pharmacol Sci*. 2019 Jan;23(2):431-432. doi: 10.26355/eurrev_201901_16851. PubMed PMID: 30720147.
35. De Lorenzo A, Romano L, Di Renzo L, **Gualtieri P**, Salimei C, Carrano E, Rampello T, de Miranda RC. Triponderal mass index rather than body mass index: An indicator of high adiposity in Italian children and adolescents. *Nutrition*. 2019 Apr; 60:41-47. doi: 10.1016/j.nut.2018.09.007. Epub 2018 Sep 19. PubMed PMID: 30529185.
36. Costa de Miranda R, Di Lorenzo N, Andreoli A, Romano L, De Santis GL, **Gualtieri P**, De Lorenzo A. Body composition and bone mineral density in Huntington's disease. *Nutrition*. 2019 Mar; 59:145-149. doi: 10.1016/j.nut.2018.08.005. Epub 2018 Aug 21. PubMed PMID: 30468934.
37. de Mesquita Barros Almeida Leite C, Di Renzo L, Sinibaldi Salimei P, **Gualtieri P**, Madalozo Schieferdecker ME, Vilela RM, Ghizoni Teive HA, Frehner C, Taconeli CA, Cabral A, Merra G, De Lorenzo A. Lean body mass: reference values for Italian population between 18 to 88 years old. *Eur Rev Med Pharmacol Sci*. 2018 Nov;22(22):7891-7898. doi: 10.26355/eurrev_201811_16415. PubMed PMID: 30536335.

38. *Letter* **Gualtieri P**, Romano L, Capria G, Merra G. Microbiome and bariatric surgery: new options to precision surgery. *Eur Rev Med Pharmacol Sci*. 2018 Sep;22(18):5773-5774. doi: 10.26355/eurrev_201809_15902. PubMed PMID: 30280755.
39. *Letter* Romano L, **Gualtieri P**, Nicoletti F, Merra G. Neurodegenerative disorders, gut human microbiome and diet: future research for prevention and supportive therapies. *Eur Rev Med Pharmacol Sci*. 2018 Sep;22(18):5771-5772. doi: 10.26355/eurrev_201809_15901. PubMed PMID: 30280754.
40. Colica C, Di Renzo L, **Gualtieri P**, Romano L, Costa de Miranda R, De Lorenzo A, Purificato I. Development and cross-validation of predictive equation for estimating total body lean in children. *Ann Ist Super Sanita*. 2018 Jan-Mar;54(1):20-27. doi: 10.4415/ANN_18_01_06. PubMed PMID: 29616670.
41. *Letter* Romano L, De Santis GL, **Gualtieri P**, Merra G. Thyroid disorders and Mediterranean diet: which way to prevent metabolic complications. *Eur Rev Med Pharmacol Sci*. 2017 Aug;21(16):3531-3532. PubMed PMID: 28925494.
42. Colica C, Di Renzo L, Trombetta D, Smeriglio A, Bernardini S, Cioccoloni G, Costa de Miranda R, **Gualtieri P**, Sinibaldi Salimei P, De Lorenzo A. Antioxidant Effects of a Hydroxytyrosol-Based Pharmaceutical Formulation on Body Composition, Metabolic State, and Gene Expression: A Randomized Double-Blinded, Placebo-Controlled Crossover Trial. *Oxid Med Cell Longev*. 2017;2017:2473495. doi: 10.1155/2017/2473495. Epub 2017 Aug 9. PubMed PMID: 28855976; PubMed Central PMCID: PMC5569630.
43. De Lorenzo A, Costacurta M, Merra G, **Gualtieri P**, Cioccoloni G, Marchetti M, Varvaras D, Docimo R, Di Renzo L. Can psychobiotics intake modulate psychological profile and body composition of women affected by normal weight obese syndrome and obesity? A double blind randomized clinical trial. *J Transl Med*. 2017 Jun 10;15(1):135. doi: 10.1186/s12967-017-1236-2. PubMed PMID: 28601084; PubMed Central PMCID: PMC5466767.
44. Colica C, Merra G, Gasbarrini A, De Lorenzo A, Cioccoloni G, **Gualtieri P**, Perrone MA, Bernardini S, Bernardo V, Di Renzo L, Marchetti M. Efficacy and safety of very-low-calorie ketogenic diet: a double blind randomized crossover study. *Eur Rev Med Pharmacol Sci*. 2017 May;21(9):2274-2289. PubMed PMID: 28537652.
45. Di Renzo L, Merra G, Botta R, **Gualtieri P**, Manzo A, Perrone MA, Mazza M, Cascapera S, De Lorenzo A. Post-prandial effects of hazelnut-enriched high fat meal on LDL oxidative status, oxidative and inflammatory gene expression of healthy subjects: a randomized trial. *Eur Rev Med Pharmacol Sci*. 2017 Apr;21(7):1610-1626. PubMed PMID: 28429343.
46. De Lorenzo A, Bernardini S, **Gualtieri P**, Cabibbo A, Perrone MA, Giambini I, Di Renzo L. Mediterranean meal versus Western meal effects on postprandial ox-LDL, oxidative and inflammatory gene expression in healthy subjects: a randomized controlled trial for nutrigenomic approach in cardiometabolic risk. *Acta Diabetol*. 2017 Feb;54(2):141-149. doi: 10.1007/s00592-016-0917-2. Epub 2016 Oct 5. PubMed PMID: 27709360.
47. Merra G, Miranda R, Barrucco S, **Gualtieri P**, Mazza M, Moriconi E, Marchetti M, Chang TF, De Lorenzo A, Di Renzo L. Very-low-calorie ketogenic diet with aminoacid supplement versus very low restricted-calorie diet for preserving muscle mass during weight loss: a pilot double-blind study. *Eur Rev Med Pharmacol Sci*. 2016 Jul;20(12):2613-21. PubMed PMID: 27383313.
48. Di Renzo L, Tyndall E, **Gualtieri P**, Carboni C, Valente R, Ciani AS, Tonini MG, De Lorenzo A. Association of body composition and eating behavior in the normal weight obese syndrome. *Eat Weight Disord*. 2016 Mar;21(1):99-106. doi: 10.1007/s40519-015-0215-y. Epub 2015 Sep 7. PubMed PMID: 26347355.
49. Di Renzo L, Marsella LT, Carraro A, Valente R, **Gualtieri P**, Gratteri S, Tomasi D, Gaiotti F, De Lorenzo A. Changes in LDL Oxidative Status and Oxidative and Inflammatory Gene Expression after Red Wine Intake in Healthy People: A Randomized Trial. *Mediators Inflamm*. 2015;2015:317348. doi: 10.1155/2015/317348. Epub 2015 May 25. PubMed PMID: 26101461; PubMed Central PMCID: PMC4458536.

Partecipation in Reasearch Groups

Several scientific documents are the result of collaborations between research groups both nationally and internationally.

Editorial Documents

- Chapter in "Pathology", Victor R. Preedy Editor, ISBN: 978-0-12-815972-9. Abenavoli L, Romano L, **Gualtieri P**, De Santis GL De Lorenzo A. "Mediterranean diet: the role of antioxidants in liver disease", pp 255-264.
- Chapter of "Nutrizione Umana" book, Edilson Editore, ISBN: 978-88-7947-649-2: Valutazione dello stato nutrizionale, Antonino De Lorenzo, **Paola Gualtieri**, Lorenzo Romano, Laura Di Renzo
- "Manuale Delle Procedure Operative Per La Garanzia Della Qualità Nella Nutrizione Ospedaliera" by Antonino De Lorenzo; Autori: Antonino De Lorenzo, Fabrizio Jacoangeli, Anna Anzidei, Giovanni Capria, Nicoletta Del Duca, Simona Giglio, **Paola Gualtieri**, Eleonora Moriconi, Elena Papa, Tiziana Persichetti, Leila Shizard, Elaine Tyndall, Laura Di Renzo, Ed. Universitalia (2016)

EDITORIAL BOARD & REVIEWER

- Editorial Board "BMC Nutrition"
- Editorial Board "Frontiers in Nutrition"
- Guest Editor per la Special Issue di Nutrients 2020 "'Impact of High Fiber Diet, High Protein Diet and Low Carbohydrate Diet and of Fat Mass on Diseases Prevention and Treatment"
- Reviewer per Scientific Reports
- Reviewer per Journal of Obesity
- Reviewer per International Journal of Food Sciences and Nutrition
- Reviewer per Diabetes, Metabolic Syndrome and Obesity: Targets and Therapy

EDUCATIONAL ASSIGNMENTS / TUTORING

- From AY 2020/21 to date

Teaching at the Doctoral School in Applied Medical-Surgical Sciences

- From AY 2020/21 to date

Subject expert for Degree in Pharmacy, Dietistic Sciences And Food Chemistry Integrated Course, Module II: Food Chemistry

- From AY 2020/21 to date

Secretary's office Master "Diagnosi e trattamento dei disturbi del comportamento alimentare e del peso"

- From AY 2019/20 to date

Subject expert for Degree in Pharmacy, Dietistic Sciences And Food Chemistry Integrated Course, Module II: Food Chemistry

- From AY 2018/2019 to date

Teaching at the Doctoral School in Applied Medical-Surgical Sciences

- from AY 2018/2019 to date

Supervision of PhD students

- from AY 2018/2019 to date

Tutoring activities for Students of School of Specialization in Food Science

- from AY 2016/2017 to date

Tutoring for theses

Congress & Oral Communication

- Oral Communication, “Congresso SIME 2020 41° Congresso Nazionale della Società Italiana di Medicina Estetica (SIME), 15° Congresso Nazionale dell'Accademia Italiana di Medicina Anti-Aging (AIMAA)”: “Psychobiotics regulate the anxiety symptoms in carriers of allele A of IL1-β gene: a randomized, placebo-controlled clinical trial”, **Paola Gualtieri**
- Oral Communication, “Congresso SIME 2020, 41° Congresso Nazionale della Società Italiana di Medicina Estetica (SIME), 15° Congresso Nazionale dell'Accademia Italiana di Medicina Anti-Aging (AIMAA)”: “Effects of a Personalized VLCKD on Body Composition and Resting Energy Expenditure in the Reversal of Diabetes to Prevent Complications” **Paola Gualtieri**
- 16-20 September 2019, 28° ITALO-AMERICAN CONGRESS OF ETHNOMEDICINE (Italo-Latin American Society of Ethnomedicine – SILAE), Cuba “Very-low-calorie ketogenic diet with aminoacid supplement versus very low restricted-calorie diet for preserving muscle mass during weight loss: a pilot double-blid study”, Merra G, Miranda R, Barrucco S, **Gualtieri P**, Mazza M, Moriconi E, Marchetti M, Chang TF, De Lorenzo A, Di Renzo L.
- 26 May 2018, “Nutrizione 4.0: l'innovazione della certificazione Nhaccp”, intervento dal titolo: “Risultati del Processo NACCP”, Speaker
- 19 December 2016, Oral Communication at 77° National Congress of Italian Society of Cardiology – Italian Journal of Cardiology: “M.A. Perrone, A. Intorcia, R. Morgagni, **P. Gualtieri**, G. Cioccoloni, A. De Lorenzo, R. Romeo. Mediterranean Meal Versus Western Meal Effects on Post-Prandial Ox-LDL, Oxidative and Inflammatory Gene Expression in Healthy Subjects: Nutrigenomic Approach in Cardiometabolic Risk”
- 27-29 March 2019, Oral Communication at XXXVI National Congress of Italian Sport Medicine Federation, Perrone MA, Donatucci B, Salvati A, **Gualtieri P**, De Lorenzo A, Bernardini S. Inflammation, oxidative stress and gene expression. The post-prandial approach in professional soccer players: when Nutrigenomics can reduce the risk of muscle injuries and early atherosclerosis.

Awards

- Best Oral Communication at 77° National Congress of Italian Society of Cardiology – Italian Journal of Cardiology: “M.A. Perrone, A. Intorcia, R. Morgagni, **P. Gualtieri**, G. Cioccoloni, A. De Lorenzo, R. Romeo. Mediterranean Meal Versus Western Meal Effects on Post-Prandial Ox-LDL, Oxidative and Inflammatory Gene Expression in Healthy Subjects: Nutrigenomic Approach in Cardiometabolic Risk”
- Best Scientific Contribution - 27-29 March 2019, XXXVI National Congress of Italian Sport Medicine Federation. Perrone MA, Donatucci B, Salvati A, Gualtieri P, De Lorenzo A, Bernardini S. Inflammation, oxidative stress and gene expression. The post-prandial approach in professional soccer players: when Nutrigenomics can reduce the risk of muscle injuries and early atherosclerosis.

I declare that the information contained in this Curriculum Vitae is correct and true.

In compliance with the GDPR (EU Regulation 2016/679) and the Italian Legislative Decree no. 196 dated 30/06/2003, I hereby authorize you to use and process my personal details contained in this document.

Rome, 26 November, 2021

F.to

Paola Gualtieri

